

2009-2010 Co-ed Volleyball League Information and Rules

Manager Responsibilities

1. Managers are responsible for his/her players' knowledge of all of the information in this manual. Managers and players not knowing the rules is not excuse for violation of the same.
2. Managers are responsible for notifying their players in the event of schedule changes due to emergencies, forfeits etc.
3. Managers are expected to help in the enforcement of all WMFC rules and policies amongst their teammates and their team's spectators. Managers will be held responsible for the behavior of their teammates and spectators. Team members or spectators who are not complying with WMFC League and/or WMFC Facility rules and/or policies will be asked to leave the facility by their team manager.
4. Managers are responsible for assuring that their team's spectators don't interfere or disrupt game play. This includes the use of equipment in the gym that might interfere or interrupt game play. It also includes supervision of children that might belong to the managers' players.

Player Fees and Registration

5. Teams must register and pay their player fees before their first game. Players will not be allowed to play until their fees are paid. Teams must roster a minimum of 5 players.

2009-2010 Player Fees (No Team Fee)

Fall Season:	(7 Games)	\$35.00
Winter Season:	(10 Games)	\$45.00
Substitute Players*		\$6.00 Per Match

*(Substitute Players must register at the front desk, sign the waiver and pay the substitute player fee.)

6. If possible the league will be split into two "flights" this season. These include: 1) Competitive and 2) Recreational. Managers should designate on the team registration form which flight their team prefers to play in.
7. Players may register at any time during the season, but cannot play until their fee is paid. There is no pro-rating of fees, and there is no "subbing one player in for another" in terms of fee payment.
8. All players are required to sign the WMFC Waiver of Liability as part of their registration process and before they play their first game.
9. All players understand that because of the nature of this sport, they run the risk of being injured while participating. They should be aware of this fact prior to registration.
10. West Midland Family Center, it's board members, employees, and volunteers will not be held responsible for any player who is injured while participating in its volleyball program.

Number and Eligibility of Players

11. A team must have at least two people to start a game, or the game will be considered a forfeit. Scheduled "game time" is determined by the game schedule and under special circumstances, the referee.
12. Forfeit Times:
- 5 minutes after the scheduled start – Game 1 forfeited
 - 10 minutes after the scheduled start – Game 2 is forfeited
 - 15 minutes after the scheduled start – Match is forfeited
13. In the event that there are more men than women on a team, a team may play with only ONE more total men than it's total women. Teams should strive to play with an equal number of men and women. A team may not play with more than 3 men on the court. A team can always play with more women than men.

Examples: 2 Players: 1 man:1 woman **or** 2 women

3 Players: 1 man:2 women **or** 2 men:1 woman

4 Players: 1 man:3 women **or** 2 men:2 women.

5 players: 3 men:2 women **or** 2 men:3 women **or** 1 man:4 women

6 Players: 3 men:3 women **or** 2 men:4 women **or** 1 man:5 women

14. To help encourage more family interaction, players can be 11 years and older. Ability level, or lack of, must be considered and used as a guideline.
15. In the event that a team plays with a player who has not registered or paid their fees, the team may be required to forfeit every game that the player played in. The League Commissioner will make the final ruling.

Uniforms

16. Uniforms are optional. Players must wear clean non-marking shoes. Black soled running shoes mark the floor, and must be avoided if at all possible. If players wear their playing shoes outside the building, they are asked to wipe off any dirt, snow or water that may get on the volleyball court and cause possible injury.

Substitutions

17. Players, who are used to substitute, may only substitute for the same player. No one may substitute for more than one player on any given day. Teams may rotate players in and out from the sidelines.

Jewelry

18. Players are not allowed to wear anything that would cause harm or injury to a player; this includes, but is not exclusive to wedding rings with stones, jewelry, watches, and hats. The referee may allow rings with stones, but the player may be asked to cover the stone with tape. Players are responsible for safeguarding their own valuables. The referee will have final say in what is acceptable or not acceptable.

Facility Care

19. No smoking is allowed in the building. Persons under the influence of alcohol or drugs are not allowed to use Center facilities
20. No food or drinks, except water, are allowed in the gym. Managers are required to enforce this policy among their team's members and spectators.

Cancellations

21. In the event of game cancellations due to weather or other similar emergencies, the WMFC League Commissioner will contact the team managers by phone or email by 4PM on or before the day of the match. If the team manager cannot be reached, another team member will be contacted who will then be responsible for contacting the rest of his/her teammates. Managers are encouraged to call the WMFC Front Desk at 832-3256 if there is any question as to whether a match has been cancelled. Cancelled games will not be made up.

Forfeits

22. ***Team managers must call the WMFC Front Desk at least 2 hours prior to their scheduled match time in the event that their team will be forfeiting the match. There is not a penalty for forfeiting but failure to forfeit by the designated deadline will result in a \$25.00 penalty fine, which must be paid before the forfeiting team can compete again.***

Game Rules

23. U.S.V.B.A rules will be followed for all games, with the exception of those in this manual.
24. The top of the net height for the co-ed league will be set at 7' 11 5/8".
25. Teams may begin warming up on the court 15 minutes before their scheduled match or as soon as the preceding game is finished being played if time allows.
26. To avoid scheduling back ups, if the third game in a match begins 35 minutes after the start time for the match, the score will start at 4 to 4 and rally scoring to 15 will be used.
27. Coin toss determines choice if serve or court. Serve alternates for each game after that.
28. Any ball being passed to a player on your own team, which makes contact with the ceiling, will be considered fair and playable. Any ball, which hits the ceiling while being played to the opposing team, will be considered a dead ball.
29. During a volley, when the ball is hit more than once by a team, the ball must be hit by at least one woman before the ball goes over the net, unless it is a serve. This rule will NOT be in effect when a team is playing against a team that is all women because it puts the coed team at an unfair disadvantage.
30. "Controlled kicking" is permissible, but will be at the discretion of the official.
31. A ball that is served and touches the net but continues over is a legally served ball and should be played by the opposing team.
32. A second attempt at a serve is permissible but is at the discretion of the referee.
33. Time Outs: Each team is allowed two 30 second time-outs per game. Request for time-out is made when the ball is dead. An official's time-out will be used for

an injured player. The referee may also call time-outs at any time as needed and at his/her discretion.

34. Players are asked to assist Referees and WMFC staff with set-up/take down of nets.

Sportsmanship, League Policies, Substitute Players

35. Substitute players must substitute for a player who has been on the original roster since the beginning of the season and paid the full player's fee. Teams MAY NOT pick up players to gain an advantage over their opponent. Abuse of this rule may result in the removal of the team from the league.
36. WMFC will not tolerate any obscene, offensive, dangerous, or illegal behavior by any participant, player or spectator. Any participant, who receives two warnings from an official during a match, will be removed from the game/gym upon the second warning and may be asked to leave the facility.
37. An individual who is fighting, or who is involved in any unsportsmanlike conduct, will be immediately ejected from the game/gym and asked to leave the facility. If the ejected participant is a player, he/she will be disqualified from playing in at least one of his/her following games. The WMFC League Commissioner will determine the precise number of games that the player will need to sit out.
38. Any game situation that is not specifically addressed in the WMFC Volleyball Information and Rules Manual is at the discretion of the WMFC League Commissioner.

League Philosophy

39. The purpose of this league is to provide fun, recreational and social opportunities. The level of competitiveness may vary from team to team, but it is hoped that all participants will enjoy the volleyball league, and if possible, will work together to solve any problems that might occur.

Game and League Officials

40. Volleyball referees are assigned, and supported by the WMFC Recreation Director and have full authority over a game. In the case of disorderly conduct by a player or fan, referees have the right to remove the offender from the game. WMFC will not tolerate behavior from any individual whom poses a safety threat to others.
41. It is expected that volleyball referees will act to ensure that nothing disrupts or interferes with game play. This may include the removal of additional equipment that is being used in the gym, unruly spectators or unsupervised children. Volleyball referees will take whatever steps he/she feels are needed in order to insure that game play is not interfered with or disrupted.
42. Referees have the authority to make ground rules to cover changing circumstances.
43. The league does not provide line judges. It is recommended that teams provide their own line judges to assist referees with line calls. There is no penalty for teams not able to provide line judges, however, teams are reminded that without line judges, refs will do their best to make these calls.

44. Comments, questions or concerns regarding referees should be taken directly to the WMFC League Commissioner in person.

Michigan Recreation and Parks Association (MRPA) State Tournament Entry Policy and Guidelines

- WMFC will enter as many teams as possible into the MRPA State Volleyball Tournament. Only WMFC League teams, in good standing, will be considered.
- In the event that the MRPA limits the number of teams that can be entered into the state tournament, the WMFC League Commissioner will select the team(s) that will represent WMFC at the tournament.
- Team will usually be selected based upon league standing in either the recent fall league, the current winter league, or both. The League Commissioner may use any selection process that he/she deems to be fair. Input from league managers may also be taken into consideration.
- League teams interested in representing the WMFC in the MRPA State VB Tournament should contact the WMFC League Commissioner in writing by **January 15th** of the current year.
- Team selection will be made by **January 25th**.
- Team managers will be notified of the team selection by email on **January 26th**. Team managers must have a current email address in order to receive this notification.
- Managers of selected teams will reply in writing by **January 27th** if their team will commit to participating in the state tournament.
- Tournament paperwork will be available on **January 27th** for managers to pick up.
- Teams participating in the state tournament will pay their own entry fees and travel expenses.
- The MRPA state tournament is separate from the WMFC league. Selected WMFC team players will sign a waiver releasing WMFC from all responsibility or liability at the state tournament before a team will be entered into the tournament.
- Entry fees and completed tournament paperwork must be in the hands of the WMFC League Commissioner by February 1st. A team will not be entered into the tournament if this requirement is not completed by the stated deadline. No additional teams will be selected after February 1st.

Point System for League Standings

- Each team receives one point for each game won. The most points one team can receive in any match is three (3).
- A team that wins by forfeit receives (1) point for each game forfeited. The forfeiting team receives zero (0) points. The score of the forfeited games will be recorded 15-0.
- The team with the most (game won) points, at the end of regular season play, is the first place team.
- Ties in league standing will be determined in the following order:
 - Head to head competition
 - Total points scored in head to head competition

- Total points scored in all league games
- Standings will be sent via e-mail. Managers are responsible for ensuring that the e-mail address that is on file at WMFC is in proper form.

Important Dates To Remember

	<u>Fall League</u>	<u>Winter League</u>
Registration Opens	September 2009	November 2009
Managers Meeting	October 27 7PM	December 15 7PM
Registration Closes	October 28	December 16
Schedules Emailed	October 29	December 17
Games Start	November 1	January 10
Last Game of Season	December 13	March 21

******NO GAMES ON SUPER BOWL SUNDAY FEBRUARY 7, 2010******