

Attendance at Summer Programs Up Whopping 41%



Katie Doman, Trevor Johnson, and Mark Krenzke (left to right) took the time this summer to make two new friends in WMFC's Summer Program

If you happened to drop by the Center during the recent summer school break, you were probably greeted by the roar of happy children as they enjoyed this year's "Sun"ational Summer program. Attendance this year was up a whopping 41 per cent over 1996 with more than 200 children and teens participating on many days. Under the experienced leadership of Youth and Teens Program Coordinator Wyndy Johnson, and Youth and Family Education Coordinator Renee Shauger, this year's program was the best yet.

A total of 321 children and teens were registered for the program which included a full daily schedule of recreational and educational activities for youngsters from kindergarten through grade 12. Regular activities included; recreational clubs, crafts, tutoring, computers and field trips to places such as Loomis Beach and a Lansing Lugnuts baseball game.

As in previous years, the Center's Teens In Training volunteers proved to be invaluable assistants to our summer staff. This group of 42 Middle and High School students contributed their time this summer to learn and

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GOBBLE, GOBBLE!

Center Will Host First Thanksgiving Day Dinner

Thanks to the kindness and generosity of the Midland Jaycees and the congregation of Gordonville United Methodist Church, WMFC will be hosting our first annual Family Thanksgiving Dinner November 27 at 12 noon. The dinner is an opportunity for community members to share a meal on this special day of thanksgiving.

The two groups are donating the supplies and volunteers to prepare and serve a full turkey dinner this Thanksgiving for area families and there will be no cost for attending. However, if you would like to attend, please drop by the Center after November 3 to pick up a ticket. Due to the time needed for meal preparation, tickets will not be available at the door. If you are interested in contributing to the meal in some way, please contact Alan Oman at 832-3256 or bring canned goods to donate to the food pantry on November 27.

Exciting Additions Promised for Fall

This year's Fall schedule will include some new and exciting additions as well as some familiar programming. As in previous years, the Center will provide something for individuals of all ages and interests. We have programs to meet your fitness needs such as volleyball, basketball and aerobics. The Center also offers programs to support families such as Building Strong Families and Family Days.

For children and teens, WMFC has a host of programs ranging from Three's For Me, which is just for three year-olds and their parents, to Teen's in Training, a wonderful teen leadership program for young people in grades 7-12.

In addition to returning favorites, we have several new activities and programs scheduled for 1997/98. Two of our newest additions are Young and Old Alike and the Dare to be a Class Act program.

The first is especially designed to enable family members of all ages to enjoy a day out together. Young and Old Alike is an opportuni-

ty for anyone from 18 to 98 to develop new talents or practice old ones. Every Tuesday from 9:15am-12:30pm, participants can get together to enjoy crafts, socializing and moderate exer-



Floyd Elementary student Adam Fraley practices his computer skills as part of the Dare to be a Class Act program.

cise. The program includes child care and lunch is available for the low cost of \$1.25.

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Becky Lampman Joins Center as Office Manager

West Midland Family Center welcomed a new member to the staff in May when Becky Lampman became the new Office Manager. Becky joins the Center after 2 1/2 years at Associated Builders and Contractors, another



BECKY LAMPMAN

local non-profit organization. Becky replaces Kahren O'Brien, who accepted a new position with Currie and Kendall PC of Midland.

Becky brings a wealth of experience to her new position. She holds a BBA from Saginaw Valley State University, and also possess a teaching certificate in adult education from Central Michigan University.

A resident of Coleman, Becky has had no trouble making new friends and fitting in with the WMFC family. She says her first few

months on the job have been "fast, busy and fun."

Shortly after she began, Becky experienced the thunder created by the 200 or so children who participated in the summer program. While Becky's job title is Office Manager, she quickly demonstrated a willingness to provide a helping hand wherever needed. From assisting with summer program lunches, to comforting infants in the child care, Becky has discovered there is never a quiet moment at WMFC. In fact, she says "the staff and how the Center is always such a busy place" are the things she has enjoyed most.

Becky has quickly fit in with the Center's staff, who appreciate her sense of humor and constant smile. Becky says: "I'm looking forward to being more involved with Center programs and activities as I get to know more about the great things that go on at West Midland."

1997 CONTRIBUTIONS from ORGANIZATIONS (as of August 31)

Organization:	Amount:
The Dow Chemical Company	\$300,000
United Way of Midland County	165,000
Herbert H. & Grace A. Dow Foundation*	150,000
State of Michigan Grants	111,207
Midland Foundation	27,000
Rollin Gerstacker Foundation	20,000
Mark & Charlotte Putnam Fund	10,000
Alden & Vada Dow Foundation	10,000
West Midland Auxiliary	8,000
Strosacker Foundation	8,000
Children's Trust Fund	7,455
United Way Venture Grants	6,450
Homer Township	6,250
St. John's Episcopal Church	5,000
Harry & Margaret Towsley Foundation	5,000
Lee Township	4,000
West Midland Auxiliary	3,500
Hudson's	3,300
Sunrise Optimist Club	2,935
Greendale Township	2,500
Strosacker Foundation	2,500
Bullock Creek School District	2,000
Blessed Sacrament Church	2,000
Snow Machines Ltd	2,000
Midland Gladwin Community Mental Health	2,000
Kiwassee Kiwanis	1,000
First United Methodist Church	600
Midland Preschool Center	400
D & D Asphalt	300
Midland Morning Rotary	300
First Baptist Church	200
Dirk Waltz Families & Staff	150
United Way of Isabella County	119
Mt. Haley Church of God	100
TOPS	50
Willett Office Furniture	50
Gordonville United Methodist Church	25

*Matching Grant Increase

JOIN US
THURSDAY,
NOV. 27



For Our First ANNUAL FAMILY THANKSGIVING DAY DINNER

Free Tickets Available
through WMFC Front Desk

SPONSORED BY
Midland Jaycees
Gordonville United Methodist Church

WEST MIDLAND FAMILY CENTER

OFFICERS AND DIRECTORS

President.....Bob Dostal
Vice PresidentJoe Dufort
SecretaryJim Burlingame
TreasurerDick Furlow

Directors: Jim Anderson, Chuck Infante, Linda Kellogg, Don Koster, Sue Thumma, Joe Vanderkelen, Ralph Wirtz.

Advisors: Gene Dauer, Tom Misner, Chuck Norisez, Roland Weaver, Win Zacharias.

STAFF

Executive DirectorGreg Dorrien
Program DirectorGail Crosby
Office ManagerKahren O'Brien
Receptionists: Teri Booth, Diane Dauer, Diane DeMott, Kathy Roberts
Maintenance Director.....Gerald Burkett
Maintenance Staff: Barry Lenski, Donna Hackett, Rollie Bingham

New Initiatives.....Alan Oman
Youth ProgramsWyndy Johnson

Youth Staff: Sherry Farison, Rich Little, Chris Rowe, Rollie Bingham, Aaron Zook, Becky Lemere

Summer Program Supervisor...Renee Shauger
Dow College OpportunitiesTracy Meister
Family Support CoordinatorLois Burton
Preschool TeacherElaine Fabinski

Preschool Aides: Missy Finney, Karen Hall, Barb Simons, Janet Singleton.
Child Care Coordinator.....Ginger Yarch
Child Care Aides: Eileen Burch, Bree Burton, Bridget Eveleth, Missy Eveleth, Missy Finney, Krysta Jeffries, Eva Searfoss, Trudy Smith
Senior's Staff.....Sue Wells

New Students from Area Schools Accepted as COP Class of 2001



Dow College Opportunity Program welcomes the graduating class of 2001. At a special ceremony this Spring, nine students from the Bullock Creek, Coleman, Meridian and Shepherd school districts were accepted into the four-year college preparation program. The new students will devote their first year to Challenges and Personal Development, participating in activities such as the Young Eagles Flying Program, a self defense course, public speaking and study skills. The Class members, from left to right, are; Nicole Cornejo, Wendy Russell, Curt Holsinger, Lenore Smith, James Stevens, Anneliese Pfreunder, Jeffrey Hulse, Dan Peters, and Crystal Liscumb (not pictured).

STROKE and HEART ATTACK Screening*

TRUE or FALSE?

- | | |
|---|--------------------------|
| <input type="checkbox"/> Someone in my family has died from stroke or heart attack. | <input type="checkbox"/> |
| <input type="checkbox"/> I don't want to die. | <input type="checkbox"/> |
| <input type="checkbox"/> I'm not sure about my risks. | <input type="checkbox"/> |
| <input type="checkbox"/> I'm not sure what I can do. | <input type="checkbox"/> |

If you answered "true" to any of these questions, learn about your risks now.

Six Screening Steps

1. Total & HDL Cholesterol
2. Blood Pressure
3. Heart Rhythm
4. Carotid Auscultation (Check of the neck arteries using a stethoscope.)
5. Health History and Risk Appraisal
6. Individual Counseling & Personal Prevention Plan

On November 5, a team of physicians and nurses will guide you through several screenings and an individual counseling session.

REGISTER TODAY by calling the MidMichigan Health Line at 1-800-999-3199 or 839-8400. The staff will also schedule you for a cholesterol test.

RECEIVE YOUR own Personal Prevention Plan at West Midland Family Center on Wednesday, November 5.

*This screening is NOT a substitute for regular visits with your physician.

CALENDAR OF EVENTS

October 6:CPR & First Aid Classes begin (6:00-9:00pm)
 October 7:Commodities Distribution (1:00-2:00pm)
 October 12:Coed Volleyball League Begins
 October 12:Senior's Sunday Meal
 October 13:Aerobics Classes Begin (6:45-7:30pm)
 October 16:WIC Clinic (8:30am-4:00pm)
 October 18:Parent's Day Out (9:00am-12:30pm)
 October 18:3-on-3 Basketball Tournament (6:00pm)
 October 21:Basketball League Manager's Meeting (6:30pm)
 October 22:Health Dept. Flu Shot Clinic (9:00am-12 noon)
 October 25:Fall Carnival (12 noon-2:00pm)
 October 30:Senior Evening Meal Costume Party
 November 4:Commodities Distribution (1:00-2:00pm)
 November 5:Stroke & Heart Attack Screening (2:00-6:00pm)
 November 9:Senior's Sunday Meal
 November 11:Adult Basketball League Begins
 November 12:Preschool Speaker Night (Evening Preschool)
 November 13:WIC Clinic (8:30am-4:00pm)
 November 21:Family Day (9:00am-12noon)
 November 22:3-on-3 Basketball Tournament (6:00pm)

November 26:Health Dept. Immunizations (1:30-4:45pm)
 November 26:Senior Blood Pressure Clinic
 November 27:Building Closed to Regular Programming
 November 27:First Annual Family Thanksgiving Day Dinner
 November 28:Building Open (No Senior Meal)
 December 2:Commodities Distribution (1-2pm)
 December 11:WIC Clinic (8:30am-4:00pm)
 December 14:Senior's Sunday Meal
 December 15:Holiday Open House (No Preschool)
 December 17:Senior's Christmas Meal
 December 20:Youth Visit to Santa's House (4:30-7:30pm)
 December 20:3-on-3 Basketball Tournament (6:00pm)
 December 22, 23, 24, 26, 29, 30, 31 & January 2Youth Winter Break Program (1:00-4:00pm)
 December 24:Health Dept. Immunizations (1:30-4:00pm)
 December 24:No Senior Meal - Building Closes at 4:00pm
 December 25:Building Closed
 December 31:No Senior Meal - Building Closes at 4:00pm
 January 1:Building Closed

Dow COP Students Travel East and West



Dow COP student Mike Smith shows how much fun and hard work the Manos de Cristo work camp in El Paso, Texas was this summer.

The Dow College Opportunity Program (COP) students enjoyed eye opening summer travels. After working hard throughout the year fund raising and trip planning, they set off for Washington D.C., El Paso, Texas, and Midwest colleges.

The Dow COP Class of '97 toured the nation's capital and were especially impressed by visits to the Smithsonian National Air and Space Museum and the Holocaust Museum. Students visited the White House and the many monuments and memorials Washington has to offer.

The Class of '98 seniors met with college officials and toured campuses in the Midwest to help them compare and select colleges for Fall applications. A day at King's Island Amusement Park added to the fun of the trip.

After spending a year completing monthly community service projects, 19 sophomores and juniors traveled to El Paso, Texas and Jaurez, Mexico to fix and repair homes for the

elderly, disabled and other needy families. The students were greeted with overwhelming gratitude from these residents. Dow COP students joined students from all over the nation as participants in the Manos de Cristo Workcamp sponsored by Group Workcamps of Loveland, Colorado. "It was awesome to travel so far away from home," said Josh Lee, "I also liked meeting so many people from other states." "We really helped our resident by repairing her roof. It meant a lot to see her tears of thanks," added Melissa English.

Dow COP students who participated in the workcamp were Melissa English, Diana Wilson, Dave Hennigar, Sarah Smith, Mike Yancer, Brandon Maas, Alexander Bartlett, Angela Phillips, Abeline Smith, Josh Lee, Tammy Reamsma, Mike Smith, Amanda Russell, Chad Holsinger, Alisha Mitchell, Jan Shinkle, Jamie Struble, Ralph Griffith and Sarah Stevens.

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Summer Programs

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serve within their community. In 1997, this group of high energy teens donated 6,276 hours of their time to WMFC programs and community projects.

Every year the number of individual community members and agencies who donate time and resources to our program is overwhelming. There simply isn't space here to list everyone who helped with this year's program.

However, our staff would like to thank several groups and individuals for outstanding contributions which made a difference. They include: Jim Anderson and Nicki Renke who made the Computer Lab at Floyd School available to our kids; the staff of the Midland County Council on Aging and the Greendale Happy Diners site who prepared and served some 9,642 meals to children in our summer program; the staff and drivers of the Education and Training Connection who provided bussing for morning shuttles and field trips; the volunteers of the Lee Township Fire Department who put on a wonderful show for children; and the Midland County Strong Families/Safe Children Committee who provided resources which allowed WMFC to deliver services to some 73 "at risk" children from across Midland County this year.

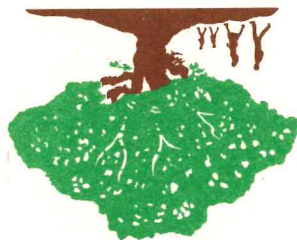
Fall Programs

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The second "new" program is actually a "new and improved" version of the Center's very popular after school children's program. The Dare to be a Class Act program includes everything from the past with many new components and activities.

This free after school program serves children in grades 2-6 from 4:00-6:00pm. Regular activities include: homework support and tutoring, a special drug and alcohol education component, recreational activities, learning stations, and a variety of fun and educational clubs. Each month will include visits from the sheriff department's DARE officers, regular educational field trips, trips to Floyd Elementary School's computer lab and swimming outings to the Midland Community Center.

This year, parents can register their children to attend the program any afternoon from Monday through Friday. This expansion from the two-day program of the past has been made possible thanks to a grant from the state of Michigan's Office of Drug Control Policy. In addition to the expansion and many additions that we will have at the WMFC, the grant will also allow us to expand the program to our sister United Way member agency, North Midland Family Center.



WEST MIDLAND FAMILY CENTER
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