

## **Fitness Room:**

*PDF of Registration Form*

### **Registration:**

Obtain a Fitness Room Registration Form from the WMFC Welcome Center or our website, complete fully, sign it, and return it with your \$15.00 registration fee.

### **To schedule a Fitness Room Orientation:**

Submit an e-mail to Jillian at [spreemanj@wmfc.org](mailto:spreemanj@wmfc.org), with your **Name, Phone Number, and a Date and Time** that you would be available to attend an orientation (at least 24 hours prior notice). An e-mail confirmation will be sent to you to confirm the date and time. Orientations take approximately 30 minutes.

### **Special Note:**

Students, **ages 13-15**, must always have a Fitness Room partner with them and they **both** must have completed a Safety Orientation prior to beginning their membership. Orientations must be set up with Jillian.

Students, **ages 16-17**, will be required to complete a Safety Orientation prior to beginning their membership. Orientations must be set up with Jillian.

**\*All students under 18** must have their Fitness Room Registration signed by their parent or legal guardian.

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<b>Membership Options</b>	<b>Registration fee</b>	<b>Membership fee</b>
Students, 18 and under	\$15	FREE
Adults, ages 19-59	\$15	\$20/ month
Seniors, ages 60+	\$15	FREE
WMFC Staff and Spouse	\$15/person	FREE
WMFC Volunteers, 10+ hrs./week	\$15	FREE

*\*Scholarships are available upon request to Jillian Spreeman, Recreation Director.*