

Swimming, Pool Safety and Lifeguard Training Videos List

Preschool Fun Swimming Videos

<https://www.bing.com/videos/search?q=wiggle+and+giggle+learn+about+pool+safety&qvvt=wiggle+and+giggle+learn+about+pool+safety&view=detail&mid=5E580ACB7D4E3FCFAA065E580ACB7D4E3FCFAA06&FORM=VRDGAR>

Water Safety

<https://www.youtube.com/watch?v=39HoWKwaeEM> Child Safety Link on Pool Safety

https://www.youtube.com/watch?v=x8_TXCJge34 Tom Griffiths Drowning Prevention

<https://www.youtube.com/watch?v=7fD1DIhAKY4>

https://www.youtube.com/watch?v=70j_Jw3ijjY Summer Swimming Safety

https://www.babycenter.com/2_water-safety-how-to-protect-your-child_10360424.bc Water Safety

http://www.slate.com/articles/health_and_science/family/2013/06/rescuing_drowning_children_how_to_know_when_someone_is_in_trouble_in_the.html Drowning Doesn't Look Like Drowning

<https://www.youtube.com/watch?v=FQ1bspnGyY> Tom Griffiths 4 Signs Needed

<http://www.webmd.com/parenting/video/can-you-spot-drowning> Spot the Drowning Child in the Video

Shallow Water Blackout

<https://www.youtube.com/watch?v=FQ1bspnGyY> Tom Griffiths 4 Signs Needed

<https://www.youtube.com/watch?v=jNFc62PuF20> Shallow Water Blackout in Australia

Drowning Videos

<https://www.youtube.com/watch?v=t8juSRJJZ2o&spfreload=1> Boy drowns at camp

<https://www.youtube.com/watch?v=t2SApyJxyKM> Baby Drowns in bathtub

<https://www.youtube.com/watch?v=qfKEBfPobmE> 13 year old drowns...Poseidon Camera alerts

<https://www.bing.com/videos/search?q=drowning+videos&view=detail&mid=AE5EA0375FDD21AA7A0BAE5EA0375FDD21AA7A0B&FORM=VIRE> Drowning Video in Buffalo

<http://abcnews.go.com/WNT/video/saving-children-drowning-19560424> Saving Children Under 5 From Drowning Newscast New Device Headband Saves Children

<https://www.bing.com/videos/search?q=child+drowning+videos&&view=detail&mid=4F233A6D8C94CDCD98C44F233A6D8C94CDCD98C4&FORM=VRDGAR> Child Saves Mother with seizure

<https://www.bing.com/videos/search?q=child+drowning+videos&view=detail&mid=334F138648A1CB0D10F3334F138648A1CB0D10F3&FORM=VIRE> EMT spots drowning child during training

<http://abcnews.go.com/US/drowning-childs-rescue-caught-police-body-camera/story?id=24596046> 2 Year Old Drowning Caught on Police Video

Lifeguard Training Videos

<https://www.youtube.com/watch?v=b30rvVpcXN8> American Lifeguard Video on Lifeguard Skills

<https://www.youtube.com/watch?v=8DXeqLA2pRU> Extrication by one lifeguard

<https://www.youtube.com/watch?v=Z-uqvI9MiOA> Helpful tips for lifeguard skills

<https://www.youtube.com/watch?v=dkkobdCOfQ8> Lifeguard on Duty, spinal rescue

<https://www.youtube.com/watch?v=xjSziHAleY> Eliminating lifeguard distractions

<https://www.youtube.com/watch?v=De6z2gCKptk> Spinal Backboarding

<https://www.youtube.com/watch?v=De6z2gCKptk> The Save at the Great Wave

<https://www.youtube.com/watch?v=RA5itaSHQKU> What does an actual drowning look like?

<http://www.aquaticsintl.com/videos/lifeguard-drill-3-person-cpr-with-one-rescuer-leaving> 3 Person CPR Drill

<http://www.dailymail.co.uk/news/article-3129096/Would-spotted-drowning-swimmer-Incredible-moment-lifeguard-spots-struggling-child-sea-people.html> Lifeguard Spots Drowning Child

All Strokes

https://www.youtube.com/playlist?annotation_id=annotation_722986&feature=iv&list=PLN1uwpFCUEh36htxss5UzqbMuEWqT_3fd&src_vid=5HLW2AI1Ink All strokes videos
<https://www.bing.com/videos/search?q=phelps+slow+motion+underwater+swim+videos&FORM=VIRE9#view=detail&mid=608A6C3398AFF5E03A8B608A6C3398AFF5E03A8B> Michael Phelps Slow Motion
<http://www.active.com/swimming/articles/use-sculling-to-develop-water-sensitivity> Sculling

Butterfly

<https://www.youtube.com/watch?v=zmiyhPop6GI> Missy Hyman Slow Motion Underwater Video
https://www.youtube.com/watch?v=ivJUFsrt_44 Michael Phelps
<https://www.bing.com/videos/search?q=butterfly+underwater+swimming+video&FORM=VIRE10#view=detail&mid=C2C0DD8D16A80D579775C2C0DD8D16A80D579775> Butterfly Underwater Videos

Freestyle

<https://www.youtube.com/watch?v=5HLW2AI1Ink>
<https://www.youtube.com/watch?v=h2pVhaHmolo> Michael Phelps Slow Motion underwater
<https://www.youtube.com/watch?v=SONx52cyltI> Nathan Adrian Freestyle
<https://www.youtube.com/watch?v=V4Evm1rYDZc> Ryan Lochte Free Turn
<https://www.bing.com/videos/search?q=freestyle+swimming+underwater+video&view=detail&mid=DA298A3AD99CA2FDE8B5DA298A3AD99CA2FDE8B5&FORM=VIRE8> Freestyle Underwater Pull Gary Hall
<https://www.bing.com/videos/search?q=gary+hall+freestyle+swimming+underwater+video&view=detail&mid=F5E3D6E5E0BA84AFE80EF5E3D6E5E0BA84AFE80E&FORM=VIRE3> Freestyle Pull Gary Hall
<https://swimswam.com/olympic-swim-star-rebecca-soni-demonstrates-freestyle-kick-breaststroke-drill-video/> Rebecca Soni Freestyle Kick

Breaststroke

<https://www.youtube.com/watch?v=nG25HeugAmU>
<https://www.bing.com/videos/search?q=breaststroke+underwater+swimming+video&FORM=VIRE2#view=detail&mid=25659F3D7189D0D09A1325659F3D7189D0D09A13> Breaststroke Underwater Videos

Backstroke

<https://www.youtube.com/watch?v=xviHn1Qg-5s> Ryan Lochte
<https://www.youtube.com/watch?v=yE7fcLh3ikM&feature=youtu.be> Backstroke Finish
<https://www.youtube.com/watch?v=i0CwPaDiLqo> Backstroke Turns and Finish

Swimming Workouts

<http://www.yourswimlog.com/swimming-workouts/> Workouts
<https://www.usaswimming.org/news/training> USA Swimming Training Tips

Swimming, Pool Safety and Lifeguard Training Websites List

Safe Swimming

<http://www.redcross.org/get-help/prepare-for-emergencies/types-of-emergencies/water-safety/swim-safety>

<https://www.childrenswellnesscenter.com/parents-guide-to-swim-safety-for-kids/>

<http://www.parents.com/baby/safety/outdoor/6-swim-safety-tips-all-parents-should-know/>

<https://www.verywell.com/pool-safety-tips-for-parents-2632354>

<https://healthychildren.org/English/safety-prevention/at-play/Pages/Water-Safety-And-Young-Children.aspx>