



For the Safety of Our Children... Swimmers who are **50" tall or shorter**, must swim with a parent or adult guardian who is **in the water and within an arms reach of them at all times**, unless they can pass a swim test. Swimmers **over 51" tall** are allowed to swim without an adult in the water with them, but it is strongly recommended that non-swimmers **wear a life jacket** or be accompanied by a parent or adult guardian. Lifeguards may ask a swimmer to demonstrate their swimming ability by taking a swim test. Swimmers who are designated as "non swimmers" may be given a blue wristband to wear for easier identification by the lifeguards and they may be asked to wear a lifejacket. Swimmers and their parents are always expected to recognize their own limitations and act in the best interest of their own safety.

1. **Age Restrictions...** Any child who **is 12 years and under** regardless of swimming ability, must be accompanied by a parent or adult guardian when they are at the Center with one exception: Children aged 9-12 may be under the direct supervision of a guardian who is at least 13 years old. Said guardian may not supervise more than 3 children age 9-12 at any one time.
2. **Lifeguard Presence...** The pool may only be used when a **lifeguard is on duty**. If a swimmer comes into the pool area and there is no lifeguard present, the swimmer must wait in the locker room hallway until a lifeguard is present.
3. **Wristbands...** All patrons must purchase a **wristband** at the Welcome Center and that wristband must be worn at all times.
4. **Street Shoes...** are allowed on the pool deck, if they are clean. Shoes should be washed in the foot wash before entering the pool area.
5. **Cell Phone Use...** Cell phone and camera use are prohibited in the locker rooms and restrooms. Parents who are in charge of watching children must refrain from cell phone use, for the safety of the children in their care.
6. **Showers...** State law requires that every swimmer take a **head to toe soap shower**, before entering the pool.
7. **Infections...** Anyone suffering from an infection of an outer extremity cannot enter the pool. A person with a bleeding wound may not enter the pool until the bleeding has stopped. Check with a lifeguard if you have concerns or questions.
8. **Bathing Suits, Piercings and Tattoos...** Commercial, modest, unrevealing **bathing suits** must be worn while in the pool. Blue jean or frayed cutoffs are not allowed. Swimmers are welcome to wear shorts and/or T-shirts over their swimming suits as long as they do not pose a safety hazard to the swimmer. We will ask you to cover piercings and/or tattoos that are deemed offensive or make others uncomfortable.
9. **Jewelry...** should be removed before entering the pool. WMFC is not responsible for lost or stolen jewelry or valuables.
10. **Swim Diapers, Diaper Changing and Bathroom Breaks...** Small children must be toilet trained or wear swim diapers. Swim diapers are available for purchase at the Welcome Center. Please use the diaper changing stations in the locker rooms to change diapers. **DO NOT** change diapers in the pool areas or on the locker room benches. Dispose of diapers in the locker room waste containers. Parents are highly encouraged to take their young children to the bathroom every 30 minutes.
11. **Smoking, Alcohol and Illegal Substances...** Alcohol and illegal substances are prohibited on Center grounds. Smoking is only allowed 50 feet from an entrance.
12. **Pool Garden...** WMFC has taken great care and expense in creating a pool garden that makes our facility a beautiful place to visit and spend the day. Please enjoy the "garden" but refrain from touching the plants or garden areas or putting trash into the planters.
13. **Glass...** and other breakable items are not allowed in the locker rooms or in the pool area.
14. **Food and beverages...** Food or drinks are NOT allowed in the pool or locker room areas with the exception of water.
15. **Family Friendly Behavior...** WMFC is a family friendly facility. We try to make sure everyone feels welcome and comfortable while visiting our facility. Please refrain from any behavior that would make others feel uncomfortable or unsafe.
16. **Music....** Enjoy your personal mp3 players and ipods but please do not play music so loud that others can hear.
17. **Diving...NO DIVING ANYWHERE!** Diving into our pool can lead to life altering injuries and even death.
18. **Jumping...** Forward jumping into the pool IS allowed. No backward, twisting, turning, flipping or any other kind of jumps are allowed. Jumping is NOT ALLOWED on the **west side of the pool where the spa bench** is located or near **the stem of the teacup**. Please make sure that the water is clear of other swimmers before jumping into the pool.
19. **"Frog Island"...** You are not allowed to stand or walk on the peninsula at the north end of the pool but you MAY sit or lay on the island.
20. **Horseplay...** Horseplay of any kind is NOT allowed.
21. **Running Activities...** Running, tag games or similar activities are not allowed on the pool deck, in the hallway, or in the locker rooms.
22. **Lifeline...** Swimmers are not allowed to hang on, sit on, walk on or do anything to the life line that would result in it's destruction or repair.
23. **Equipment and Floatation Devices...** Equipment that is allowed in the pool include: eye goggles, plastic plate swim masks, PFD's and water wings. PFD's and water wings may only be used if there is an adult guardian **in the water and within an arms reach** of the child. Snorkel use is never allowed. Floatation devices may be allowed into the pool if they are less than 2' x 3', made of a clear plastic and the pool is not crowded. Equipment usage or non-usage, is always at the sole discretion of the lifeguard who is on duty.
24. **Noodles...** Noodles may not be "slapped" or hit on the water. They may not be used to hit others. Do not put your mouth on the noodles.
25. **Basketball/Volleyball...** Do not hang or pull on the nets or the basketball rim. Do not shoot baskets from the pool deck.
26. **Staff Only...** For your safety, patrons are not allowed in the *Pool Filter Room* or the equipment storage sheds.
27. **Safety Is Always Our First Priority...** For your safety and enjoyment, all swimmers and visitors must follow the lifeguards directions at all times. The first and most important duty of a lifeguard is to work to ensure the safety of the patrons at the pool. Please refrain from any activity, such as un-necessary visiting with the lifeguards, that would take away from the lifeguards' duties.
28. **Rules...** Rules are written for the safety of all. Every rule has a reason for its existence. Please help us to maintain a safe environment by following the rules. Non-compliance may lead to removal from our facility.